



“You
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BUT IF SALT HAS LOST ITS TASTE,
HOW CAN ITS SALTINESS BE RESTORED?
IT IS NO LONGER GOOD FOR ANYTHING
BUT IS THROWN OUT AND TRAMPLED
UNDER FOOT.”

MATTHEW 5:13, NRSV

5th Sunday After Epiphany

February 8, 2026 10:00 AM

Rev. Christin Moreland, **Senior Pastor**
Pam Murawski, **Lay Reader**
Chris Venesile, **Music Director**
Laurie Archibald, **Organist/Pianist**
Chris Kurka, **A/V Coordinator**
Thomas Molua, **A/V Team Member**
Kyle Jackson, **A/V Team Member**



PRAYER FOR ILLUMINATION

SCRIPTURES Matthew 5:13-20 (NRSV)

“You are the salt of the earth, but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything but is thrown out and trampled under foot.

¹⁴“You are the light of the world. A city built on a hill cannot be hid. ¹⁵People do not light a lamp and put it under the bushel basket; rather, they put it on the lampstand, and it gives light to all in the house. ¹⁶In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

¹⁷“Do not think that I have come to abolish the Law or the Prophets; I have come not to abolish but to fulfill. ¹⁸For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. ¹⁹Therefore, whoever breaks one of the least of these commandments and teaches others to do the same will be called least in the kingdom of heaven, but whoever does them and teaches them will be called great in the kingdom of heaven. ²⁰For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

***PASSING OF THE PEACE**

HYMN N^o. 188 (verse 1 only) “Jesus Loves Me”

TIME FOR YOUNG DISCIPLES

SERMON “The Spice of Life” Rev. Christin Moreland

HYMN OF MEDITATION

N^o. 314 “Longing for Light, We Wait in Darkness”

INVITATION TO THE OFFERING

OFFERTORY “I Want Jesus to Walk With Me” arr. T. Fettke

***DOXOLOGY** N^o. 606

***PRAYER OF DEDICATION**

PRAYER OF THE PEOPLE/LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name.
Thy kingdom come. Thy will be done on earth as it is in heaven.
Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory, forever. Amen.

*CLOSING HYMN No. 753 "Make Me a Channel of Your Peace"

*CHARGE AND BLESSING

*CONGREGATIONAL RESPONSE
No. 328 "Praise God, All You Nations" (Psalm 117)

Praise God, all you nations. People of God, sing praise!
Praise God, all you nations. People of God, sing praise:
God's love is great and endures forever.
Praise God, all you nations. People of God, sing praise!

*POSTLUDE excerpt from the Pathetique Sonata 3rd Movement

PRAYER REQUESTS

Submit requests using the cards in the pews back of the attendance sheet or Prayer Request cards available in the pew holders. Place completed cards in the offering plate during the Hymn of Meditation.

Barbara Carrig - health concerns
Taralyn grandmother - moving
Kaye Djukic
Chris Venesile
Jane/John health concerns
Ben Chu - immigration ongoing
Christins mother - eye surgery
Brandmeier baby in NICU
Summers family

Megan Severson - recovery after liver transplant
RECOVERY ADDRESS in Texas through to April:
1912 Arbor St, Unit 1, Houston, TX 77004



WEEKLY CALENDAR

Sunday, February 8

10:00AM – Worship Service — Sanctuary
Coffee Hour, after Services — Dining Room
11:30 AM — Final Adult Book Study — Dining Room & Online

Monday, February 9

5:30 PM— Personnel Meeting—Parlor
7:00PM — Life Group Meeting — Parlor

Tuesday, February 10

Parma Heights SWAT in Education Wing All Day
7:00PM — Fellowship Meeting — Online
7:00PM — Scout BSA Troop 263 Meeting — Gym/Dining Room

Thursday, February 12

2:30 PM — Tech Team Meeting — Parlor
6:00PM — 4H Spin Group/ 3D Printing
7:00PM — Choir Rehearsal– Sanctuary

Saturday, February 14 — Valentine's Day

**ANNUAL
CONGREGATIONAL
MEETING**

Sunday, February 22

Immediately following
the 10:00 AM worship service

ANNOUNCEMENTS



It's **SOUPER Bowl Sunday** at Parma South !!
TODAY, the Sunday School students are collecting money to donate to the Parma Heights Food Pantry. Also, there will be a soup pot in the sanctuary & you can also donate after the service during coffee hour. If you would like to donate by check please make it out to Parma South. **Thank You for your support!**

RACIAL WEALTH GAP SIMULATION

Each year is a new opportunity for congregational epiphanies. Striking a balance between implementing the PCUSA Matthew 25 strategies and fighting growing racism and intolerance for inclusiveness is a continuous call to following Jesus.

Please register for this first event by contacting Connie Smith:

Email: connie928smith@gmail.com

Phone: 440-376-8736

Racial Wealth Gap Simulation

February 26, 2026 — 1—3pm

John Knox Presbyterian Church

25200 Lorain Rd, North Olmsted, OH 44070

ELECTRIC GRIDDLES NEEDED!



Do you have an electric griddle that is just gathering dust? P-S is in need of a few electric griddles for our upcoming Fat Tuesday celebration. If you can donate one, or just lend yours for our Feb. 17 event, please leave it in the work room by Feb. 15. (If you are just lending it, please label yours as such.) Thanks!

CHURCH OFFICE HOURS & COMMUNICATIONS

OFFICE HOURS: Monday – Thursday from 9:00 AM – 3:00 PM

Weekly Announcements: Submit by 10:00 AM on Wednesdays.

Meetings: This includes scheduling requests or cancellations notices.

Events: All upcoming events should be communicated to the church office. ***All office communications should be sent to the Office Administrator at officeadmin@parma-south.org.**

FAT TUESDAY
+
PANCAKE DINNER
 TUESDAY, FEBRUARY 17TH 5:30PM
 IN THE LOWER LEVEL
 Join us for a community gathering with
 delicious pancakes and great company!!

JOIN US
 for
ASH
Wednesday
 A Heart Set on
Repentance
Wednesday
February 18
7:00 PM

LENT 2026

WEEKLY SOUP SUPPERS



TUESDAYS
5:30 PM
 February 24
 March 3
 March 10
 March 17
 March 24
 March 31

FREE

Every Tuesday during Lent, we are sharing a simple meal and engaging in a short devotional. **Do you make a famous soup or chowder you can share?** Please call 440-885-2652 or EMAIL officeadmin@parma-south.org or use the QR code to the left, to tell us you will be coming. There is also a sign-up at the "Holy Communication table" in the narthex.



RSVP HERE

NEW MEMBER CLASS

SATURDAY MARCH 7

10:00AM - 1:00PM




**EMAIL Pastor Christin: pastor@parma-south.org
 or call the church office.**

my BIBLE CHALLENGE

"YOUR WORD IS A LAMP TO MY FEET." —PSALM 119:105 (NIV)



God's Word guides us and lights our way, helping us grow closer to him.

Use this page to track how you grow in God's Word all year long!

Each time you learn, pray or listen for God, color in one box. You can fill in one box each month—or any time you complete a challenge. When the year is over, write the Bible story you loved most.



- Sing a song about God
- Listen to a Bible story
- Talk about God with family
- Learn a new Bible verse
- Help someone in need
- Read the Bible at home
- Say a memory verse
- Ask a question about the Bible
- Thank God in prayer
- Listen during church
- Pray for someone
- Draw a picture from a Bible story

FAVORITE BIBLE STORY

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